

## **Respiratory Services Department**

# **RESPIRATORY SERVICES REQUISITION**

1124010111011				
APPOINTMENT DATE and TIME				
☐ GEORGETOWN 1 Princess Anne Drive, Georgetown, ON L7G 2B8 Phone: 905-873-0111 ext. 8528 Fax: 905-873-4595	T MILTON 725 Bronte St. South., ON L9T 9K1 Phone: 905-878-2383 ext. 7695 Fax: 905-876-7048	☐ <b>OAKVILLE</b> 3001 Hospital Gate, Oakville, ON., L6M 0L8 Phone: 905-338-4686 Fax: 905-338-5082		
Screening and Diagnostic Studies	Screening and Diagnostic Studies	Screening and Diagnostic Studies		
☐ Spirometry (FEVI, FVC, MMEFR)	☐ Spirometry (FEVI, FVC, MMEFR)	☐ Spirometry (FEVI, FVC, MMEFR)		
☐ Spirometry Pre & Post Bronchodilator	☐ Spirometry Pre & Post Bronchodilator	☐ Spirometry Pre & Post Bronchodilator		
☐ Arterial Blood Gases (ABGs) ☐ Oximetry: ☐ Resting ☐ Exercise ☐ Single Blind Study	□ Pulmonary Function Test (PFT) (Spirometry pre & post bronchodilator, lung volumes, diffusing capacity)	Pulmonary Function Test (PFT)  905-338-4686 / Fax: 905-815-5082 (Spirometry pre & post bronchodilator, lung volumes, diffusing capacity)		
□ Inhaler Instruction	☐ Arterial Blood Gases (ABGs)	☐ Methacholine Challenge Test (MCT)		
Home Oxygen Assessment (including ABG and Oximetry)	□ Oximetry: □ Resting □ Exercise □ Single Blind Study	** 905-338-4686 / Fax: 905-815- 5082  (Spirometry pre & post bronchodilator, serial methacholine inhalations & spirometry)		
	□ Inhaler Instruction	☐ Arterial Blood Gases (ABGs)		
	<ul> <li>Home Oxygen Assessment (including ABG and Oximetry)</li> </ul>	☐ Oximetry: ☐ Resting ☐ Exercise		
	(moduling / 120 and Oximotry)	☐ Single Blind Study		
Resource and Referral Programs	Resource and Referral Programs	☐ Inhaler Instruction		
Home Oxygen Program (C. Air) 905-338-4121	☐ Home Oxygen Program (C. Air)  ☎ 905-338-4121	Home Oxygen Assessment (including ABG and Oximetry)		
☐ Asthma Education Centre  2 905-873-0111 ext. 8199	□ Asthma Education Centre	Resource and Referral Programs  Home Oxygen Program (C. Air)  905-338-4121		
(Spirometry pre & post bronchodilator, peak flow monitoring, inhaler instructions)	(Spirometry pre & post bronchodilator, peak flow monitoring, inhaler instructions)	☐ Asthma Education Centre  2 905-338-4691 / Fax: 905-338-4631		
☐ Other – please specify:	☐ Other – please specify:	(Spirometry pre & post bronchodilator, peak flow monitoring, inhaler instructions)		
		☐ Smoking Cessation Program  ■ 905-338-4691 / Fax: 905-338-4631		
		☐ Other - please specify:		
REASON FOR TEST				
NEASON FOR FEE				
		ve implanted defibrillator? ☐ Yes ☐ No		
Unless specified, all other tests are booked through Respiratory Therapy Dept.:				
Georgetown: ☎ 905-873-0111 ext. 8528 Oakville: ☎ 905-338-4686 Milton: ☎ 905-878-2383 ext. 7695				
Cardio-pulmonary stress testing booked through Cardiology Dept. at Oakville (2905-338-4686) on Cardiology Requisition (Form# 211774-001070)				
<ul> <li>Please see reverse for instructions re medication use prior to testing.</li> </ul>				
Pregnant women are restricted from Methacholine Challenge testing.				



Physician's Signature: \_\_\_

Ordering Physician: \_\_

#### RESPIRATORY SERVICES DEPARTMENT

Patient Name	Appointment Date	Appointment Time

## INSTRUCTIONS

(Please Read Carefully)

## Spirometry, Peak Flow Monitoring, and Pulmonary Function Testing: (This test takes about 45 minutes))

#### You MAY NOT take:

- > any inhaled, short-acting bronchodilators (Ventolin and Airomir) for 8 hours before the test
- > Serevent, Advair, Oxeze, Symbicort products for 18 hours before the test
- Aminophyline, Spiriva or similar products for 24 hours before the test

## Methacholine Challenge Testing: (This test takes about one hour)

This test is to determine whether you have asthma. You will be asked to inhale gradually increasing strengths of Methacholine mist. Between each inhalation, breathing tests will be done. You may not have this test if you are pregnant.

In preparation for the test, please note the following about your medications:

- 1. You **MUST** continue to take all steroids, as prescribed.
- 2. You MAY NOT take:
  - any inhaled, short-acting bronchodilators (i.e., Ventolin, Airomir) for 8 hours before the test
  - Serevent, Advair, Oxeze, Symbicort products for 18 hours before the test
  - Accolate, Singulair, Aminophylline, Spiriva or similar products for 24 hours before the test
- 3. Please **TAKE** all your other medications in the usual manner unless you are told not to by the doctor who ordered the test.

### **IMPORTANT!**

If shortness of breath bothers you when you stop taking your medications, please begin taking them again in the usual manner and notify the Respiratory Therapy Department before your appointment.

#### Remember:

• If you have any queries about your medications, please do not hesitate to call the Respiratory Therapy Department:

Georgetown: \$\alpha\$ 905-873-0111 ext. 8528 Milton: \$\alpha\$ 905-878-2383 ext. 7695 Oakville: \$\alpha\$ 905-338-4686

- Any patients arriving later than 15 minutes past the scheduled appointment time will have to be re-booked.
- If you are unable to keep your appointment, please notify us 24 hours prior to the test:

Georgetown: 2905-873-0111 ext. 8528 Milton: 2905-878-2383 ext. 7695 Oakville: 2905-338-4686

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